## CLAIMS

## I claim:

- 1 1. A method for inducing spin excitation within an
- 2 object in a magnetic resonance imaging system that includes
- 3 a transmit inductor system, said object having one or more
- 4 intrinsic relaxation time constants, said method comprising
- 5 the steps of:
- 6 (a) providing said transmit inductor system with the
- 7 ability to generate a plurality of RF transmissions with
- 8 different spatial characteristics;
- 9 (b) generating a first RF transmission from said
- 10 transmit inductor system with first spatial characteristics;
- 11 and
- 12 (c) prior to expiration of the longest of said
- 13 intrinsic relaxation time constants, generating a second RF
- 14 transmission from said transmit inductor system with second
- 15 spatial characteristics different from said first spatial
- 16 characteristics;
- 17 (d) whereby said spin excitation is induced by the
- 18 combined effects of said first RF transmission and said
- 19 second RF transmission.
  - 1 2. The method of claim 1 wherein there is a time gap
  - 2 between said first RF transmission and said second RF
  - 3 transmission.

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- 1 3. The method of claim 1 wherein there is no time gap
- 2 between said first RF transmission and said second RF
- 3 transmission.
- 1 4. The method of claim 1 wherein said first RF
- 2 transmission is temporally overlapped by said second RF
- 3 transmission.
- 1 5. The method of claim 1 wherein said method further
- 2 comprises generating additional RF transmissions after said
- 3 second RF transmission.
- 1 6. The method of claim 1 wherein said transmit
- 2 inductor system is provided with a volume coil having a
- 3 primary mode and a gradient mode, said first RF transmission
- 4 being generated by said volume coil in said primary mode and
- 5 said second RF transmission being generated by said volume
- 6 coil in said gradient mode.
- 1 7. The method of claim 1 wherein said transmit
- 2 inductor system is provided with a volume coil and at least
- 3 one surface coil, said first RF transmission being generated
- 4 by said volume coil and said second RF transmission being
- 5 generated by said at least one surface coil.
- 1 8. The method of claim 1 wherein said transmit
- 2 inductor system includes a plurality of surface coils, each
- 3 of said RF transmissions being generated by at least one of
- 4 said surface coils.

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- 1 9. The method of claim 1 wherein said first RF
- 2 transmission transitions to said second RF transmission by
- 3 continuously varying said spatial characteristics generated
- 4 by said transmit inductor system.
- 1 10. A method for inducing spin excitation within an
- 2 object in a magnetic resonance imaging system that includes
- 3 a transmit inductor system, said method comprising the steps
- 4 of:
- 5 (a) providing said transmit inductor system with the
- 6 ability to generate an RF transmission with continuously
- 7 time-varying spatial characteristics; and
- 8 (b) generating an RF transmission from said transmit
- 9 inductor system with spatial characteristics that change as
- 10 a function of time;
- 11 (c) whereby said spin excitation is induced by the
- 12 combined effects of said spatial characteristics that change
- 13 as a function of time.
  - 1 11. The method of claim 10 wherein said object has one
  - 2 or more intrinsic relaxation time constants and said RF
  - 3 transmission has a duration of not longer than the longest
  - 4 of said intrinsic relaxation time constants.